

Simon's Collated List of MERCURY FREE DENTISTS IN BRITAIN & IRELAND

(a) General introductory notes:

This list was originally compiled in 2004 and has since been updated many times. It is now also available online at the following link, where I update it from time to time: www.keytoxins.com

To request newer (though shorter) partial lists you can also contact the following UK associations for mercury free / holistic dentistry:

- (i) the *International Academy of Oral Medicine and Toxicology (IAOMT)*, British Chapter, Poole, on (01202) 741622
- (ii) the *British Society for Mercury Free Dentistry*, London, on (0208) 7461177

Lists from both these associations have been collated here with additions and amendments by Simon Rees, ND, Dip.FCT, Dip.Hom, Dip.TCM (contact phoenixhealingcentre@yahoo.com). Where information is available (after directly contacting the clinics, though not all have been contacted yet) basic details have been added in italics of some of the typical protocols offered at each clinic.

The dentists are listed below by region, as follows: (1) London; (2) South East England & East Anglia; (3) South West England; (4) Wales; (5) The Midlands; (6) Northern England; (7) Scotland; (8) Ireland

I compiled this dentist list because nowhere could I find anyone who had sought to do this comprehensively, and I felt a proper list ought to be available. All available lists I could find were significantly shorter than this one, i.e. leaving out many dentists. Also, none included any information about protocols and credentials in each dental practice. The two associations above are useful resources; however, neither provides a complete list – they only supply a list of members – some of whom were not even mercury-free – and, as I have discovered, some mercury free dentists are members of one, some of both, and some of neither.

The term “**mercury free**” as used on this list means **no amalgam restorations are ever performed** – a big step for any dentist to make. Many are completely mercury free practices, others just mercury free dentists. Most will be experienced, and possibly skilled, at removing amalgams as well. Patient exposure to mercury vapour in the air will be much lower in clinics/areas where amalgams are never placed. This step also reflects the dentist's attitude, as anyone who still places any amalgam fillings at all is not yet taking the health effects seriously (unless acting unethically). Some dentists ‘do mercury free as well as amalgam,’ which means they offer a choice. While this is far better than forcing amalgams on patients, these dentists have nevertheless been excluded from this particular list. Peer pressure; desire to keep NHS patients since the NHS still advocate use of mercury fillings; higher profits; and underestimation of the hazards may be common causes, but as one dentist put it, it would be a case of ‘putting mercury into people's mouths on odd days then taking it out again on even days’ (and not taking it out properly anyway, I would add, since how can you possibly take care to remove it safely if you don't think it is harmful in the first place? – you will inevitably cut corners instead, since time is money).

The following statements do not constitute professional medical advice, for which a qualified medical professional should be seen for an individual evaluation. However, I am sharing here some general introductory remarks and recommendations based on my personal opinions formulated through many years of research and experience, by way of having made mistakes in the past:

- (a) For healthy and safety reasons, I'd suggest applying to the dentists listed below for **all dental needs** (i.e. not exclusively for amalgam removals), and not repairing to any other dentists in Britain and Ireland at the present time, since others not listed, to the best of my knowledge (unless you can verify otherwise), use poisonous mercury and other toxic dental materials as well as other unsafe procedures, and lack holistic training or experience, particularly regarding the safety concerns of heavy metals widely used in conventional dentistry. If there is another mercury-free holistic dentist you know who I could add to this list (and there are bound to be others I've missed), please let me know and I'll investigate. I'm aware this list isn't long (less than 0.005% of dentists feature on it!), but sadly this reflects the widespread lack of awareness among dentists of both toxicological and holistic issues – until this changes through public outcry and/or government legislation to ban the use of mercury!
- (b) In case you're thinking of having poisonous dental amalgam fillings removed, aim to find a dental clinic which has expertise and experience in how to perform this type of dental work safely, using safety precautions that other dentists do not yet use or know about. It is a good idea not to have any metals removed from the mouth by other dentists (e.g. any mercury-using dentist not on this list), as they are quite likely to do it unsafely and incompletely. There have been reports of people who thought a regular dentist had removed mercury from the mouth, but in fact they had not done it properly and then an experienced holistic mercury-free dentist had to do it again! For more information and the scientific background to my dental tips, see the following website for essential reading:
www.iaomt.com For example, they have a useful article on scientific removal procedures here:
http://www.iaomt.com/articles/category_view.asp?intReleaseID=288&catid=30
- (c) I've also found it is important not to have metals removed from the mouth without first undertaking a course of Field Control Therapy (FCT) treatments with an FCT practitioner, as they are trained to prepare the immune, endocrine and excretory systems to be thoroughly cleaned, protected and supported before, during and after such dental work. This includes, for example, the kidneys – which if ill-prepared may not remove mercury from the body effectively and are also highly vulnerable to direct damage from mercury, a well-established nephrotoxin (kidney toxin). FCT cleans and supports the kidneys and many other organs in a uniquely organ-specific way. Dr Yurkovsky, founder of FCT, strongly advises FCT should be undertaken in conjunction with any amalgam removal work, starting at least 2 months **before** the dental work itself is begun, and particularly if there is a pre-existing health condition. To read more and to find the nearest FCT practitioner to your area, email me and/or see: www.fctworld.com

Please also be warned that most dentists (after all, they use mercury in their clinics) would not agree with my recommendations, so if you repair to them for their views, they will most likely recommend you have/keep mercury in your mouth! You might even hear one of the oft-repeated phrases based on a poor knowledge of the science, such as, “It’s safer to leave them in than take them out!” – a statement which has been clearly disproven and therefore nullified by, among other things, scientific studies of removals performed using IAOMT procedures. So I would encourage you not to believe what the average dentist says, as although they may be well-meaning, such statements are founded in ignorance. In standard dental trainings in Britain and Ireland there is currently no training in the area of toxicology; I’d therefore suggest that such ‘expert’ opinions be taken with a pinch of salt, where mercury is concerned, since mercury is known in toxicology to be the second most toxic substance in existence, second only to plutonium – and therefore it is common sense not to have such poisons placed or maintained inside the mouth. If in doubt, ask your dentist to produce evidence of his or her training in toxicology (he/she won’t have any – and that explains the poor advice).

It’s also worth being aware that there is a rising trend in so-called ‘cosmetic dentistry’ which, combined with ever-improving mercury-free dental materials that are more pleasing to the eye than metallic fillings, means that many dentists are apparently jumping partly on the ‘mercury-free’ bandwagon but for cosmetic reasons, not toxicological ones. These dentists are best avoided, for all the above reasons, and particularly when they haven’t totally ceased their use of mercury 100% of the time.

If you know a dentist who is not using IAOMT procedures and/or equipment to remove amalgams safely, and seeks an affordable local source of equipment and/or training (or perhaps simply claims “there isn’t any” – now no longer true, at last!), you can put the dentist into contact with Dr Stewart Wright in Scotland, on tel. (44) 7831-108990, who has since 2010 established a service to bring dentists up to date in these ways.

(b) Notes on dental procedures used or not used by the dentists listed:

Summary: Most dentists on this list use basic safety measures during amalgam removal (unlike most dentists *not* listed here, who would typically remove amalgams in an unsafe speedy manner, if at all), but with varying degrees of precaution. Opinions differ on what is necessary or advisable, although if in doubt then the IAOMT is probably the best international point of reference as they base their protocols on science. Copious rinsing, high volume suction, thorough excavation (instead of leaving residues of mercury in the tooth to save time) and cutting and sectioning (rather than drilling), are used by most, whereas not everyone has gone to the effort (even though it is highly recommended by the IAOMT) to also fit out their clinic with special mercury filtration systems (preferably near the patient), nor does everybody use complete skin and hair covering for the patient and a nose piece with an alternative air supply (bear in mind that the most hazardous form of mercury released during the procedure is the invisible vapour form). Another significant safety measure is simply allowing plenty of time (unlike in the speedy drilling of regular dentistry) for the copious water suction and rinsing, in between careful skilled cutting of the amalgam. You the patient should also rinse out your mouth often, and keep on gargling and spitting until you see no metal and/or for at least a minute.

There are also some controversial questions: (a) Pacing: I agree with the IAOMT general recommendation that no more than 1-2 amalgams should be removed per month – so if a dentist suggests removing more in this time period and claims to be a “dentist following IAOMT protocols” this isn’t true; (b) Sequential removal based on electrical readings of a galvanometer is used by many, though some dispute its value; it’s fine but not a deal-breaker and personally I’d suggest a dental evaluation plus FCT testing to help prepare the body as well as determine the optimal sequence and pace of removal; (c) The use of a rubber dam to cover surrounding teeth during amalgam removals is, contrary to general opinion, **NOT** a deal-breaker in the least. It is in fact not so important whether one is used or not (as explained at the article linked above from the IAOMT), as it is not a very effective barrier. However, it may be useful, but if used it does need using in an IAOMT way, i.e. with a saliva ejector and plenty of rinsing, care, thoroughness and time; (d) The use of the clean-up aspirator tip (a.k.a. ‘dental condom’), which fits neatly over a single tooth, is another IAOMT-recommended method for limiting leakage, but likewise requires skilled use; (e) biocompatibility testing (individualized materials testing) is popular but of questionable value (changeability of a toxic immune system) unless FCT has been done first.

Only a small handful excel also at “holistic dentistry” with advanced testing and detoxification procedures. For some this might include, for instance, Field Control Therapy (FCT) testing and treatment (the modality I most recommend from personal experience, so dentists qualified in this have been marked with an asterisk below), and cavitation (NICO lesion) detection (e.g. using a state-of-the-art “Cavitat”) and (where necessary) surgical cleaning (possibly relevant for patients who have ever had tooth extractions or root canal therapy). Not all mercury free dentists agree, but some consider the cleaning of cavitations, and/or extraction of those root-filled teeth which test as toxic, to be important to systemic health, though only a few advanced and experienced mercury free dentists currently address this issue (under 10% of those listed below). Other dentists, therefore, may sometimes refer patients when needed for special examinations and/or treatments of this kind. “TOPAZ” testing, as developed by Dr Boyd Haley, and used by some of the dentists listed (but not many), can be used to test root fillings for toxicity – if relevant, ask your dentist if this service is available; TOPAZ testing has indicated over 75% of root-fillings to be toxic. FCT testing is very helpful for priority testing among all of these and other health issues, to gain a perspective on the whole body’s status and needs. Not all mercury free dentists are completely metal free, which is arguably another consideration, due to the nickel, cadmium, aluminium, palladium, beryllium, titanium and other metals used in many non-amalgam dental materials. While none of these other metals are as toxic as mercury, by a long margin, they may not be healthy either, with varying degrees. Non-toxic completely metal-free filling materials now exist (such as the “DiamondLite” and “DiamondCrown” range) which are also reportedly more durable and stronger than amalgams. Another consideration is the use of non-abrasive teeth-cleaning methods which do not involve scraping (note: teeth-cleaning if there are amalgams in the mouth can be hazardous in itself anyway due to the heating, which increases mercury vapour release), and, when requested, the possible use of anaesthetics which do not contain adrenaline in case of sensitivity (or I have also known people do just fine with no anaesthetic at all).

WARNING: Not everyone on this list can necessarily be trusted to remove amalgams thoroughly or for the right reasons, or to perform skilful general dentistry, so it is recommended that you do your own research and reading before choosing a dentist. Also, performing composite restorations generally requires more skill, due to their careful layering, and it cannot be assumed that all dentists are competent at these procedures. Some dentists claim to have found mercury or trapped decay still in the mouths of people who thought they had already had it all removed and resolved by a different dentist. The compiler of this list does not recommend any course of treatment, and the inclusion of a dentist on this list does not constitute a recommendation. Please remember, as well, that a personal recommendation from someone you know always helps. I would also recommend general reading at the websites listed above. On a personal level, the dentists I would most likely choose for myself or a relative of mine would be one of those who have qualified in Field Control Therapy (marked with an asterisk below), since this provides a stamp of the highest level of expertise in heavy metal testing and treatment, and general organ healthcare, currently available.

1. LONDON

Sanjit Chaudhuri, Abid Abdul-Khaliq, Lorelei Garcia, Neda Zaman & Dharmista Bhavsar

PLC Dental Surgery, 4 Terrace Road, Plaistow, London, E13 OPP
Tel: 020 8552 7552

Website: www.tlcdental.co.uk

Mercury free practice. Safety protocols used for amalgam removals including high volume suction, rubber dam, oxygen supply, gauze eye covering, amalgam suction unit, colloidal silver and Traumeel.

Joseph Cohen

17 The Grove, Finchley, London N3 1QN

Tel: 020 8346 3125

Member of: *British Society for Mercury Free Dentistry; British Homeopathic Dental Association*

David Cowan

Holistic Dentistry, 48 Crundale Avenue, Kingsbury, London NW9 9PL

Tel: 020 8204 4309

Website: www.kingsburyholisticdentist.co.uk

E-mail: d.cowan@onetel.net

Member of: *International Academy of Oral Medicine and Toxicology*

Holistic mercury free practice (since 1985). Also metal free, with use of DiamondLite composites. Safety protocols used for amalgam removal including slowest speed drill, high volume suction, rubber dam, thorough cleaning with patience, oxygen supply and mercury air filtration system. Works with a kinesiologist for biocompatibility testing and detoxification, and/or uses charcoal, vitamins, minerals, amino acids, acetyl-cysteine and herbal formulae.

Hesham El-Essawy

94 Harley Street, London W1G 7HX

Tel: 020 7935 3960

Website: www.el-essawy.com

E-mail: hesham@el-essawy.com

Holistic mercury free practice. Safety protocols used for amalgam removal including high volume suction, thorough cleaning with patience, close monitoring of mercury vapour levels in each tooth using a mercury vapour analyzer to ensure vapour level is zero before inserting a replacement material, sedation, oxygen supply, a special herbal formula and other methods.

David Harvie Austin

West One Dental Practice, 30 Weymouth Street, London W1G 7BS

Tel: 020 7637 2732

E-mail: d.harvey-austin1@btconnect.com

Secretary of: *British Society for Mercury Free Dentistry*

Member of: *International Academy of Oral Medicine and Toxicology*

Holistic mercury free practice. Also metal free, with use of DiamondLite composites. Safety protocols used for amalgam removals including high volume suction, galvanometer, rubber dam, complete body covering, oxygen mask, mercury air filter and biocompatibility testing (kinesiology, blood). Works with nutritionist. Checking of root canal toxicity, and of cavitations (NICO lesions) using panoramic x-ray and oral examination, with surgical cleaning when needed.

David Hefferon

12 Upper Wimpole Street, London W1G 6LW

Tel: 020 7935 5281

Member of: *International Academy of Oral Medicine and Toxicology*

Holistic mercury free practice. Safety protocols used for amalgam removals including high volume suction, galvanometer, rubber dam, alternative air supply through a nose piece, negative ion generators, mercury air filter and biocompatibility testing (kinesiology, Melisa test). Completely metal free fillings used. Chlorella, selenium and charcoal given. Nutritional protocols worked out beforehand, and many holistic therapies and tests offered at clinic or through referral, such as osteopathy, chiropractic, homeopathy, colour therapy, kinesiology, bio-resonance testing, I.V. vitamin C, I.V. glutathione, neural therapy and ozone therapy. Checking of root canal toxicity, and of cavitations (NICO lesions) using digital x-ray, with surgical cleaning or ozone when needed.

Peter Mendelsohn

Carnaby Street Dental Practice, 31 Carnaby Street, London W1F 7DL

Tel: 020 7734 6421

Website: www.carnabystreetdentist.co.uk

E-mail: enquiries@carnabystreetdentist.co.uk

Member of: *International Academy of Oral Medicine and Toxicology; British Society for Mercury Free Dentistry; British Homeopathic Dental Association*

Mercury free practice. Safety protocols used for amalgam removals including oxygen supply, mercury air filter, galvanometer and rubber dam. Patients referred to local kinesiologist for biocompatibility testing.

Suresh Naidoo

93 Robin Hood Way, Kingston Vale, London SW15 3QE

Tel: 020 8549 5225

Website: www.dentease.co.uk

E-mail: dentease@hotmail.com

Member of: *International Academy of Oral Medicine and Toxicology*

Holistic mercury free practice. Safety protocols used for amalgam removals including double high volume suction, clean-up aspirator tips, galvanometer, gradual pacing, charcoal and chlorella. Largely metal-free practice. Checking of root canal toxicity available using TOPAZ.

Anthony Newbury

72 Harley Street, London W1N 1AE

Tel: 020 7580 3168

Member of: *International Academy of Oral Medicine and Toxicology*

Mercury free (since 1980).

Shabir Pandor

44 Harley St, London, W1G 9PS

Tel: 020 7580 1076

E-mail: sapandor@aol.com

Member of: *British Homeopathic Dental Association*

Holistic mercury free practice. Safety protocols used for amalgam removal including galvanometer, high volume suction and biocompatibility testing (kinesiology). Naturopathic techniques employed such as dental homeopathy, dental acupuncture, EAV testing, chlorella, fish oils and cilantro.

Gareth Rhidian & Stephen Allen

Brompton Dental & Health Clinic, 221-223 Old Brompton Road, London SW5 0EA

Tel: 020 7370 0055

Website: www.mercuryfree.co.uk

E-mail: info@mercuryfree.co.uk

Members of: *British Society for Mercury Free Dentistry* (Gareth Rhidian is Treasurer)

Holistic mercury free practice. Safety protocols used for amalgam removals including high volume suction, galvanometer, rubber dam, intravenous vitamin C, oxygen supply, mercury air filter and goggles. Only metal free fillings used. Detoxification using natural supplements such as 'Sea Greens'. Checking of root canal toxicity, and of cavitations (NICO lesions) using digital x-ray, with surgical cleaning when needed (Stephen Allen).

Adam Sapera

165A Haverstock Hill, London NW3 4QT

Tel: 020 7722 2959

Member of: *British Society for Mercury Free Dentistry; British Homeopathic Dental Association*

Andrew White
Tally Ho Dental Practice, 630 High Road, North Finchley, London
N12 0NU
Tel: 020 8492 0020
Member of: *British Society for Mercury Free Dentistry*

Adelain Wright, Louise Walker & Vicky Lee
The Primrose Dental Practice, 61a Regents Park Rd, London
NW1 8XD
Tel: 020 7722 0860
*Mercury free practice. Safety protocols used for amalgam
removals including high volume suction, rubber dam,
galvanometer sometimes, and biocompatibility testing
(kinesiology).*

2. SOUTH EAST ENGLAND & EAST ANGLIA

Jeff Amos
Highlands Cottage, Church Street, Old Heathfield, East Sussex TN21
9AJ
Member of: *International Academy of Oral Medicine and Toxicology*

Milton Beinart
40 High Street, Weybridge, Surrey KT13 8AB
Tel: 01932 841331
E-mail: miltonbeinart@hotmail.com
Member of: *International Academy of Oral Medicine and Toxicology;*
British Society for Mercury Free Dentistry

Marina Carew
Lavender Barn, Brewers End, Takeley, Essex CM22 6QJ
Tel: 01279 870077
Member of: *International Academy of Oral Medicine and Toxicology;*
British Society for Mercury Free Dentistry
*Mercury free practice. Safety protocols used for amalgam removals
including oxygen mask, rubber dam, mercury air filter, biocompatibility
testing (kinesiology) and a dietary and pre-detoxification regime
available worked out by their nutritionist.*

Robert Chatfield
Park Road Dental Centre, 35 Park Road, Teddington, Middx TW11 0AB
Tel: 0208 977 9229
Member of: *British Society for Mercury Free Dentistry*
*Not a mercury free practice, but Robert Chatfield is a mercury free
dentist.*

Diarmuid Clohessy
74 Bounty Road, Basingstoke, Hants RG21 3BZ
Tel: 01256 465764
Member of: *British Society for Mercury Free Dentistry*

Catherine Crowe
Rookswood Dental Practice, 34 Shirley Ave, Southampton SO15 5NG
Tel: 0238 077 4056
Member of: *International Academy of Oral Medicine and Toxicology*

John and Anne Friend
185 Wroxham Road, Sprowston, Norwich NR7 8AG
Tel: 01603 427500
*Mercury free practice. Safety protocols used for amalgam removals
including high volume suction, protective glasses and mercury air filter.*

R.W.C. Hackemann
15, Rectory Park, Sanderstead, Surrey CR2 9JQ
Tel: 0208 657 7024
Member of: *British Society for Mercury Free Dentistry*

Brian Halverson
Prestwood Centre, 99 High Street, Prestwood, Buckinghamshire HP16
9BG
Tel: 01494 864601
Member of: *International Academy of Oral Medicine and Toxicology*

Andre Hedger
26a Church Road, Great Bookham, Surrey KT23 3LL
Tel: 01372 457959
Member of: *International Academy of Oral Medicine and Toxicology*

Eli Joffe
128 Woodford Avenue, Gants Hill, Ilford, Essex IG2 6XA
Tel: 0208 550 0546
Member of: *International Academy of Oral Medicine and Toxicology*

Joanna Jullien
Lorna Doone Dental Surgery, Chobham Road, Woking, Surrey GU21
4AA
Tel: 01483 763107
Member of: *British Society for Mercury Free Dentistry*

Marc Mortiboys
Phoenix House, Forest Road, Effingham, Surrey KT24 5HE
Tel: 01483 281428
Member of: *International Academy of Oral Medicine and Toxicology;*
British Society for Mercury Free Dentistry

Graeme & Lilian Munro-Hall
Munro-Hall Clinic, Wick End Farm, Wick End, Stagsden, Beds MK43
8TS
Tel: 01234 826722
Website: www.hallvttox.dircon.co.uk
E-mail: hallvttox@dircon.co.uk

Member of: *British Society for Mercury Free Dentistry*
*Holistic mercury free practice. Also metal free, with use of
DiamondLite composites. Safety protocols used for amalgam removals
including high volume suction, NAC pre-rinse, clean-up aspirator tips,
oxygen supply, ioniser round patient's neck, mercury air filter by
patient and forced air-flow over patient. "Hall V-Tox Therapy" offered
for preparation and detoxification, including regimes of high dose
intravenous vitamin C, other vitamins, minerals, glutathione, lipoic
acid, herbal remedies, electronic devices, oils, probiotics, dietary
advice, etc. Checking of root canal toxicity, and of cavitations (NICO
lesions) using Cavitat ultrasound scanner, with surgical cleaning when
needed. Chemical-free natural environs & on-site accommodation.*

Tom Nyerges
12A King Street, Luton, Beds LU1 2DP
Tel: 01582 726 853
Member of: *British Society for Mercury Free Dentistry; British
Homeopathic Dental Association*

Tom Pomeroy & Stewart Rust
28 Sheep Street, Bicester, Oxon OX26 6LG
Tel: 01869 252228
E-mail: info@nomercury.co.uk
Website: www.nomercury.co.uk
Members of: *International Academy of Oral Medicine and Toxicology;*
British Society for Mercury Free Dentistry

Gareth Rhidian
Holistic Dental Centre, 5 Hart House, The Hart, Farnham, Surrey GU9
7HA
Tel: 01252 820004
Website: www.mercury-free.co.uk
Treasurer of: *British Society for Mercury Free Dentistry*
*Mercury free practice. Safety protocols used for amalgam removals
including high volume suction, galvanometer, nose piece with
alternative air supply & a special new "mobile IQ" mercury filtration
system for the clinic. Gareth Rhidian also works two days a week at the
Brompton Clinic in London.*

Alan Saunders

115 Masons Hill, Bromley, Kent BR2 9HT

Tel: 0208 460 6206

Member of: *International Academy of Oral Medicine and Toxicology*

Marcus Spry

Franklin House Dental Practice, 15 Franklin Rd, Gillingham, Kent ME7 4DF

Tel: 01634 577794

Member of: *British Society for Mercury Free Dentistry*

Douglas Vincent

Newnham Dental Practice, 14 Newnham Street, Ely, Cambridgeshire CB7 4PE

Tel: 01353 667200

Website: www.mercury-free-dentistry.co.uk

E-mail: info@mercury-free-dentistry.co.uk

Mercury free practice. Safety protocols used for amalgam removals including high volume suction.

Peter Watt

38 High Road, West End, Southampton SW3 3DR

Tel: 01703 473612

Member of: *British Society for Mercury Free Dentistry*

Chris Wood

Durban Dental Care, Crowborough Hill, Crowborough, E.

Sussex TW6 1DG

Tel: 01892 652377

Member of: *British Society for Mercury Free Dentistry*

Philip Yellowley

Hove Court Dental Centre, 2 New Church Road, Hove, E.

Sussex BN3 4FH

Tel: 01273 770377

Member of: *British Society for Mercury Free Dentistry*

3. SOUTH WEST ENGLAND

*** John Ahearne**

Moonfleet Dental Practice, 30 Bournemouth Road,

Lower Parkstone, Poole, Dorset BH14 0ES

Tel: 01202 741622

Website: www.moonfleet.co.uk

E-mail: moonfleet@ahearne30.freeserve.co.uk

Secretary of: the British Chapter of the *International Academy of Oral Medicine and Toxicology*

Member of: *British Homeopathic Dental Association*

Holistic mercury free practice. Safety protocols used for amalgam removals including high volume suction,

nurse's syringe with water and selenium, rubber dam,

galvanometer, complete body & hair covering, chewing

of charcoal beforehand, oxygen supply through a nose

piece and ground-level mercury air filters with forced

air flow over patient. Uses kinesiology or refers patients

to other practitioners for biocompatibility testing.

Checking of root canal toxicity (including via TOPAZ

testing), and of cavitations (NICO lesions) using the

Cavitat ultrasound scanner, with surgical cleaning when

needed. Has also qualified in Field Control Therapy.

Charles Lister

The Private Treatment Centre, 23 New Street, Salisbury SP1 2PH

Tel: 01722 333733

Member of: *British Society for Mercury Free Dentistry*

David Nicholson

Southbourne-On-Sea Dentalcare, 1b Carbery Row, Southbourne, Bournemouth, Dorset

BH6 3QR

Tel: 01202 421999

Website: www.seadental.co.uk

E-mail: info@seadental.co.uk

Member of: *International Academy of Oral Medicine and Toxicology*

Martin Wall

St Peter Street Dental Centre, 37 St Peter Street, Tiverton, Devon EX16 6NW

Tel: 01884 243090

Member of: *International Academy of Oral Medicine and Toxicology; British Society for Mercury Free Dentistry*

Not a mercury free practice but Martin Wall is a mercury free dentist. Safety protocols used for amalgam removals including high volume suction, galvanometer, rubber dam, mercury air filter, oxygen mask and goggles. Patients routinely referred to local kinesiologist for biocompatibility testing.

4. WALES

John Anderson

Penclawdd Dental Practice, 4 West End, Penclawdd, Swansea SA4 3YX

Tel: 01792 850223

Website: www.holistic-dentistry.co.uk

E-mail: jander9194@aol.com

Member of: *International Academy of Oral Medicine and Toxicology; British Society for Mercury Free Dentistry; British Homeopathic Dental Association*

Holistic mercury free practice (since 1984). Safety protocols used for amalgam removals including high volume suction, galvanometer, clean-up aspirator

tips, nose mask, goggles and floor-level mercury air filters. Kinesiology used

for biocompatibility testing when requested. Checking of root canal toxicity,

and of cavitations (NICO lesions) using RVG digital x-ray, with surgical

cleaning when needed.

Stuart Ferraris

Beaumaris Dental Health Care, 6 Castle Street, Beaumaris, Anglesey, Wales

LL58 8AP

Tel: 01248 811041

Member of: *International Academy of Oral Medicine and Toxicology; British Homeopathic Dental Association*

Holistic mercury free practice. Safety protocols used for amalgam removals

including galvanometer, high volume suction, rubber dam, mercury air filter,

nutritional advice, dental homeopathy and biocompatibility testing

(kinesiology). Root canal toxicity and cavitations assessed using kinesiology,

with surgical cleaning when needed.

Iain Manson

The Cedars Dental Surgery, 189 Fidlas Road, Llanishen, Cardiff

CF4 5LZ

Tel: 02920 689099

Member of: *British Society for Mercury Free Dentistry*

Mercury free practice. Safety protocols used for amalgam removals

including high volume suction, mercury air filter, bib and eye wear.

Patients referred on request to local herbalist & acupuncture clinic for testing and detoxification.

Irwin Wright

14 Bassaleg Road, Newport, Gwent NP9 3EA

Tel: 01633 264 386

Mercury free practice (since 1995). Safety protocols used for amalgam

removals including high volume suction, galvanometer, rubber dam,

goggles and mercury air filter.

5. THE MIDLANDS

Sylvia Andrews

The Village Dental Practice, 50 Main Street, East Leake,
Loughborough, Leicestershire LE12 6PG
Tel: 01509 852399

Member of: *International Academy of Oral Medicine and Toxicology*
Not a mercury free practice, but Sylvia Andrews is a mercury free dentist. Safety protocols used for amalgam removals including high volume suction, alternative air supply through a nose piece and mercury air filter. Patients can be referred elsewhere on request for testing.

Baldish Bilkhu

Indent Dental Practice, Apple Tree Place, Radcliffe-on-Trent,
Nottinghamshire NG12 2GD
Tel: 0115 933 3181

Member of: *International Academy of Oral Medicine and Toxicology;*
British Society for Mercury Free Dentistry; British Homeopathic
Dental Association

Not a mercury free practice, but Baldish Bilkhu is a mercury free dentist. Safety protocols used for amalgam removals including mercury air filter, alternative air supply through a nose piece, hat, gown and bib. Biocompatibility testing arranged elsewhere only on request.

Christopher Castledine

Arthur House Dental Practice, 21 Mere Green Road, Sutton Coldfield,
West Mids B75 5BL
Tel: 0121 323 4492

Member of: *International Academy of Oral Medicine and Toxicology;*
British Society for Mercury Free Dentistry
Mercury free practice. Safety protocols used for amalgam removals including high volume suction, galvanometer, clean-up aspirator tips, alternative air supply through a nose piece and nutritional advice.

Stewart Drage

The Village Dental Practice, 50 Main Street, East Leake,
Loughborough, Leicestershire LE12 6PG
Tel: 01509 852399

Member of: *British Society for Mercury Free Dentistry*

Martin Edgar

Gaskell Avenue Dental Practice, 5 Gaskell Avenue, Knutsford,
Cheshire WA16 0DA
Tel: 01565 633034

Member of: *International Academy of Oral Medicine and Toxicology*

Nigel Hammond

587 Etruria Road, Basford, Stoke on Trent ST4 6HL
Tel: 01782 614905

Member of: *International Academy of Oral Medicine and Toxicology*

Tariq Idri

149 Long Lane, Chester CH2 1JF
Tel: 01244 371116

Member of: *British Society for Mercury Free Dentistry*

Mikhael Iskandarani

Hollywood Dental Practice, 279 Alcester Road, Hollywood,
Birmingham B47 5HJ
Tel: 01564 824466

Mercury-free practice. Safety protocols used for amalgam removals including galvanometer, oxygen supply and mercury air filter.

Greg Morse

Hilltop Dental Surgery, 1007 Bristol Road South, Northfield,
Birmingham B31 2QT
Tel: 0121 4752321

Member of: *British Society for Mercury Free Dentistry*

John Rees

Ravenshead Dental Practice, la Milton Court, Ravenshead,
Nottingham NG15 9BD
Tel: 01623 792186

Member of: *International Academy of Oral Medicine and Toxicology;*
British Society for Mercury Free Dentistry; British Homeopathic
Dental Association

Richard Sudworth

Oasis Dental Care, 31 Broad Street, Ludlow, Shropshire SY8 1GR
Tel: 01584 872726

E-mail: ludlow@oasisdentalcare.com

Member of: *International Academy of Oral Medicine and Toxicology;*
British Society for Mercury Free Dentistry

Michael Robertson

15 Orchard Road, Moreton, Wirral CH46 8TR
Tel: 0151 677 3255

E-mail: dentalmichael@aol.com

Member of: *International Academy of Oral Medicine and Toxicology*

6. NORTHERN ENGLAND

Eric Duodu

Lighthouse Dental Practice, 20 Hull Road, Withernsea, East Yorkshire
HU19 2DZ

Tel: 01964 612024

E-mail: eduodu@btclick.com

Member of: *International Academy of Oral Medicine and Toxicology*

Nicholas Flint

40 Springfield Road, Millhouses, Sheffield S7 2GD
Tel: 0114 236 3615

Member of: *British Society for Mercury Free Dentistry*

Gerry Linden

51 Richardshaw Lane, Pudsey, Leeds LS28 7NB
Tel: 01132 570921

Member of: *International Academy of Oral Medicine and Toxicology*

Alan Moffat

Pitsmoor Dental Health Centre, 139 Burngreave Road, Pitsmoor,
Sheffield S3 9DL
Tel: 0114 272 3076
E-mail: aemoffatt@excite.co.uk
Member of: *International Academy of Oral Medicine and Toxicology;*
British Homeopathic Dental Association

John Roberts

Cote Royd House, 7 Halifax Road, Edgerton, Huddersfield, West Yorks HD3
3AN
Tel: 01484 514451
E-mail: info@holistic-dentistry.com
Website: www.integratedhealthpractice.com
Member of: *International Academy of Oral Medicine and Toxicology*
Holistic mercury free practice. Safety protocols used for amalgam removals
including high volume suction, galvanometer, clean-up aspirator tips,
mercury air filter and alternative air supply through a nose piece.
Biocompatibility testing done, e.g. via kinesiology by an objective third party,
or via blood. Checking of root canal toxicity, and of cavitations (NICO
lesions) using the Cavitat ultrasound scanner, with surgical cleaning when
needed. Complementary modalities such as cranial osteopathy, homeopathy,
colonics, nutritional medicine and Chinese tongue diagnosis offered in the
clinic, as well as referrals when appropriate to an integrative health clinic in
Leics for naturopathic testing including electro-dermal screening, live blood
analysis, electrolyte and acidity tests, etc.

7. SCOTLAND

Loyd Jerome

200 Bath Street, Glasgow G2 4HG
Tel: 0141 3310722
E-mail: lj@dentalpractice.com
Mercury free practice. Safety protocols used for amalgam removals
including high volume suction.

Huw Martin-Jones & Neeraj Puri

Integrated Dentalcare, 1 Manor Place, Edinburgh EH3 7DH
Tel: 0131 225 9093
E-mail: info@integrateddentalcare.com
Website: www.integrateddentalcare.com
Members of: *International Academy of Oral Medicine and*
Toxicology; British Society for Mercury Free Dentistry
Mercury free practice. Ozone therapy often used to treat dental caries,
as an alternative to conventional surgical treatment.

Gillian Nicol

27 Comiston Road, Edinburgh EH10 6AA
Tel: 0131 447 2722
Member of: *International Academy of Oral Medicine and*
Toxicology; British Society for Mercury Free Dentistry
Not a mercury free practice, but Gillian Nicol is a mercury free
dentist (since 1992). She is not taking on patients at present for
amalgam removals, but is still available for general dentistry.

*** Stewart Wright**

6 George Square, Greenock, Scotland PA15 1QP
Tel: 01475 720208
Website: www.stewartjwright.co.uk
Stewart Wright is a holistic mercury free dentist.
Also qualified and highly recommended as a Field Control Therapy
practitioner – www.fctworld.com.

8. IRELAND

Bill McCollam & Gavin Deasy

6 High Street, Kilkenny, Éire
Tel: 05677 62329
Member (Bill McCollam) of: *British Society for Mercury Free*
Dentistry
Holistic mercury free practice (since 1988). Safety protocols used for
amalgam removals, including extensive copious rinsing, thorough
cleaning with patience, high volume suction and galvanometer.
Claims to be first dental practice in Ireland ever to have stopped using
mercury fillings for ethical reasons. Specialized procedures also
available, e.g. Jerome mercury vapour analyzer, Ozonytron for ozone
treatment of infections, homeopaths, etc.

Ken Nicholson

91 Newforge Road, Magheralin, Co. Armagh, N. Ireland BT67 02W
Tel: 028 (NI & GB) / 048 (from Éire) 92617471
E-mail: nidic@btinternet.com
Mercury free practice. Safety protocols used for amalgam removals,
including high volume suction and rubber dam.

Harry Torney

43 Albert Road, Glenageary, Co. Dublin, Éire
Tel: 01 2806717
Member of: *British Society for Mercury Free Dentistry*
Holistic mercury free practice. Safety protocols used for amalgam
removals, including high volume suction, rubber dam, galvanometer
and biocompatibility testing (kinesiology).

Evelien van Amerongen

Upper James Street, Westport, Co Mayo
Tel: 098 26611
Member of: *British Society for Mercury Free Dentistry*
Holistic mercury free dentist. Safety protocols used for amalgam
removals, including high volume suction, galvanometer and others.

Anne Wallace

David Reaney's Dental Surgery, 28 Dungannon Street, Moy,
Dungannon, Co. Tyrone, N. Ireland BT71 7SH
Tel: 028 (NI & GB) / 048 (from Éire) 87784977
E-mail: annewallace2003@yahoo.com
Member of: *International Academy of Oral Medicine and Toxicology;*
British Homeopathic Dental Association; British Dental Acupuncture
Society
Not a mercury free practice, but Anne Wallace is a holistic mercury
free dentist. Safety protocols used for amalgam removals, including
high volume suction, rubber dam or clean-up aspirator tips, safety
goggles and alternative air supply through a nose piece. Also tests for
root canal toxicity, referring patients if needed to London for surgical
cavitation (NICO lesion) cleaning. Homeopathy, acupuncture, Reiki,
aromatherapy, music therapy and other therapies used.